

海螺沟冰川~木格措~甲居藏寨~四姑娘山经典环线 8 日

深度体验●绝对秘境 专属定制●独家线路 风景震撼●保证出片



目的地介绍:

海螺沟冰川: 位于贡嘎山东坡, 以低海拔现代冰川著称于世, 这里有举世无双的冰川瀑布、高山杜鹃、红石滩、雪谷温泉、原始森林等自然景观, 属国家 5A 级风景区, 国家森林公园。

四姑娘山: 由四座终年积雪的山峰组成, 被誉为“东方阿尔卑斯”和“蜀山皇后”。四座雪峰高度分别为 6250 米、5664 米、5454 米、5355 米。

木格措: 川西北最大的高山湖泊之一, 由七色海、杜鹃峡谷、药池沸泉、木格措(野人海)等景点构成。

【线路优势】此线路行程相对轻松, 将“蜀山之王海螺沟”、“蜀山之后四姑娘山”、“小九寨木格措、”千碉之乡丹巴”机结合在一起, 美轮美奂……

【特别赠送】矿泉水无限供应、苦荞茶水、红景天养生茶、钢瓶氧气罐、氧气瓶。

【行程购物】绝不安排旅游购物商店。

【推荐特产】土特产品。

出团日期: 全年

——心灵与视觉的飨宴——

Hailuogou Glacier ~ Mugecuo ~ Jiaju Tibetan village ~ Siguniang Mountain circle line · Classic travel route 8 days

Deep experience ● Absolute mystery Exclusive custom ● Exclusive lines Shock scenery ● Guaranteed photos

Destination description:

Hailuogou Glacier: Located on the eastern slope of Gongga Mountain, it is famous in the world for its low-altitude contemporary glaciers. There are unparalleled glacier waterfalls, alpine rhododendrons, red stone beach, snow valley hot spring, old-growth forest and other natural landscape, it is a National 5A Scenic Spot, National forest park.

Siguniang Mountain: It consists of four mountains covered with snow all the year round, Known as "the Oriental Alps" and "the Queen of Shushan". The height of the four peaks is 6250 meters, 5664 meters, 5454 meters and 5355 meters

respectively.

Mugecuo: One of the largest alpine lakes in northwest Sichuan, composed of scenic spots such as the Seven-Color Sea, Rhododendrons Valley, Medicinal hot springs, and Mugetso etc.

[Route advantage] This route is relatively relaxed, combining the "the king of Shushan, Hailuogou", "the queen of Shushan, Siguniang Mountain", "small Jiuzhai Mugetso", "the township of the thousand Watchtowers, Danba ", beautiful and fantastic.....

[Special gift] Unlimited supply of mineral water, buckwheat tea, rhodiola healthy tea, oxygen supply equipment.

[Trip shopping] No shopping.

[Recommend local products] Native products.

Suggested tour date: all year round

——Spiritual and visual feast——

详细行程:

第一天: 成都接机→入住酒店

成都双流国际机场接团, 乘车前往酒店, 入住休息。

行进顺序: (机场 **10KM** 酒店)

公里数及行车时间: (**12KM**)。城区路。行车约 **25** 分钟。

住地海拔: 成都市 **500** 米

用餐: 午餐*** 晚餐***

住宿: 成都赛仑吉地大酒店同级 (准五)

Detailed itinerary:

Day 1: Chengdu (capital of Sichuan province) pick up at Shuangliu International Airport → Hotel

Pick up at Chengdu Shuangliu International Airport, drive to the hotel, check in hotel and have a rest.

Specific line: Airport 10KM Hotel

Kilometres and driving time: 12KM. Urban road, driving about 25 minutes. Residential elevation: Chengdu city 500M

Dining: Lunch * Dinner *****

Accommodation: Chengdu Serengeti Hotel or equivalent (5-star)

第二天: 成都→上里古镇→大渡河谷→磨西小镇老街

乘车前往四川省“十大古镇”之一的【**上里古镇**】游览, 这里曾经是南丝绸之路和茶马古道的重要驿站。沿大渡河抵达海螺沟畔的磨西小镇, 逛老街, 体味当地民风民俗。

行进顺序: (成都 **158KM** 上里古镇 **168KM** 磨西)

公里数及行车时间: (**320KM**)。高速+柏油路。行车约 **5.5** 小时。

住地海拔: 磨西镇 **1600** 米。

用餐: 早餐 (酒店内)、午餐 (中式合菜 **50**)、晚餐 (中式合菜 **50**)。

住宿: 磨西长征大酒店同级 (四星)

Day 2: Chengdu → Shangli Ancient Town → Daduhe Canyon → Moxi Town old street

Take a tour bus to [Shangli Ancient Town], it is one of the "top ten ancient towns" in Sichuan Province, which was once an important posthouse on the southern Silk Road and the Ancient Tea Horse Road. Follow the Dadu River, arrive at the Moxi Town which is near the Hailuogou, visit old street, experience the local tradition and customs.

Specific line: Chengdu 158KM Shangli Ancient Town 168KM Moxi

Kilometres and driving time: 320KM. Highway + Asphalt road. Driving about 5.5 hours. Residential elevation: Moxi Town 1600M

Dining: Breakfast (in the hotel) Lunch (Chinese dish 50) Dinner (Chinese dish 50)

Accommodation: Moxi Changzheng Hotel or equivalent (4-star)

第三天: 海螺沟国家冰川森林公园【环保车+索道+电瓶车】

换乘环保车全天游览【**海螺沟冰川森林公园**】, 乘索道抵达四号营地观景台, 近距离观大冰川瀑布。位于贡嘎山东坡的大冰川瀑布, 以低海拔现代冰川著称于世, 这里高山杜鹃、红石滩、雪谷温泉、原始森林堪称一绝!

公里数及行车时间: (磨西镇 **27KM** 海螺沟景区, 往返 **54KM**)。柏油路。行车约 **3** 小时。住地海拔: 磨西 **1600** 米。

用餐: 早餐 (酒店内)、午餐 (中式合菜 **50**)、晚餐 (中式合菜 **50**)。

住宿: 磨西长征大酒店同级 (四星)

Day 3: Hailuogou National Glacier Forest Park [eco-friendly car + cableway + battery car]

Transfer to eco-friendly car for a full day tour in [Hailuogou National Glacier Forest Park], take the cableway to the camp 4 viewing platform, have a look of great glacier falls at close range. The great glacier waterfall is located on the eastern slope

of Gongga Mountain, it is famous in the world for its low-altitude contemporary glaciers, the Alpine rhododendrons, red stone beach, snow valley hot spring, old-growth forest, clouds and other wonders here are truly unique!

Kilometres and driving time: Moxi Town 27KM Hailuoguo Scenic Area, round trip 54KM. Asphalt road. Driving about 3 hours.

Residential elevation: Moxi 1600M

Dining: Breakfast (in the hotel) Lunch (Chinese dish 50) Dinner (Chinese dish 50)

Accommodation: Moxi Changzheng Hotel or equivalent (4-star)

第四天: 海螺沟→泸定桥→木格措风景区→康定

前往【**泸定桥**】，这是一座由清朝康熙帝御批建造的悬索桥，距今 300 多年的历史。后前往距离康定市区约 17 公里，川西北最大的高山湖泊之一的【**木格措风景区**】，游览七色海、杜鹃峡谷、药池沸泉、木格措（野人海）等景点。

行进顺序: (磨西 **50KM** 泸定桥 **63KM** 木格措 **27KM** 康定)

公里数及行车时间: (**140KM**)。柏油路。行车约 **4.5** 小时。

住地海拔: 康定市 2560 米

用餐: 早餐 (酒店内)、午餐 (中式合菜 50)、晚餐 (中式合菜 50)。

住宿: 康定希誉酒店同级 (准四)

Day 4: Hailuoguo → Luding Bridge → Mugecuo Scenic Area → Kangding

Go to [**Luding Bridge**], this is a suspension bridge built by the Emperor Kangxi of the Qing dynasty with a history of more than 300 years. After that, go to [**Mugecuo Scenic Area**], one of the largest alpine lakes in northwest sichuan, about 17 kilometers away from the Kangding City, it composed of scenic spots such as the Seven-Color Sea, Rhododendrons Valley, Medicinal hot springs, and Mugetso etc.

Specific line: Moxi 50KM Luding Bridge 63KM Mugecuo 27KM Kangding

Kilometres and driving time: 140KM. Asphalt road. Driving about 4.5 hours.

Residential elevation: Kangding City 2560M

Dining: Breakfast (in the hotel) Lunch (Chinese dish 50) Dinner (Chinese dish 50)

Accommodation: Kangding Sedney Hotel or equivalent (4-star)

第五天: 康定~丹巴·中国最美的乡村·甲居藏寨

前往丹巴，游览中国最美乡村【**甲居藏寨**】，甲居藏寨距丹巴县城 7 公里，是康巴高原上一张靓丽的民俗风情名片。藏寨像群星般撒落在依山起伏向上的缓坡上，或星落棋布，或稠密集中，或在高山悬崖上，或在河坝绿茵间，不时炊烟袅袅，若幻若真，真可谓“别有天地非人间”。

行进顺序: (康定 **157KM** 甲居藏寨 **8KM** 丹巴)

公里数及行车时间: (**165KM**)。柏油路。行车约 **4** 小时。

住地海拔: 丹巴 1800 米。

用餐: 早餐 (酒店内)、午餐 (中式合菜 50)、晚餐 (中式合菜 50)

住宿: 丹巴美人谷大酒店同级 (准四)

Day 5: Kangding → Danba • the most beautiful village in China • Jiaju Tibetan village

To Danba, Visit the most beautiful village in China [**Jiaju Tibetan village**], Jiaju Tibetan village is 7 kilometers from Danba County, it is a beautiful folk custom business card on the Kham Plateau. Its buildings are scattered like stars on the gentle slopes of the ups and downs of the mountains, or the stars are falling, or densely dense, or on the cliffs of the mountains, or between the rivers and greenery, from time to time, smoke curling up from kitchen chimneys, like an illusion and like a real, it can be said that "there is no other world, really is another realm".

Specific line: Kangding 157KM Jiaju Tibetan village 8km Danba

Kilometres and driving time: 165KM. Asphalt road. Driving about 4 hours.

Residential elevation: Danba 1800M

Dining: Breakfast (in the hotel) Lunch (Chinese dish 50) Dinner (Chinese dish 50)

Accommodation: Danba Meiren Valley Hotel or equivalent (4-star)

第六天: 丹巴·梭坡古碉楼群→四姑娘山·双桥沟风景区

前往梭坡，于大渡河畔观【**梭坡古碉群**】，这是世界上最集中的古碉群，共 84 座，有“千碉之乡”的美誉。之后前往四姑娘山【**双桥沟风景区**】游览，四姑娘山风景区由双桥沟、长坪沟、海子沟三部分组成。其中双桥沟景区是四姑娘山风景区最精华、景点最为集中的一条沟。

行进顺序: (丹巴 **15KM** 梭坡乡 **100KM** 双桥沟)

公里数及行车时间: (**115KM**)。柏油路。行车约 **3.5** 小时。

住地海拔: 日隆镇 3250 米。

用餐: 早餐 (酒店内)、午餐 (中式合菜 50)、晚餐 (中式合菜 50)

住宿: 四姑娘山风情大酒店同级 (准四)

Day 6: Danba • Suopo Ancient Stone Watchtowers → Xiaojin → Siguniang Mountain • Shuangqiao Gully Scenic Spot

To Suopo, enjoy the sight of the [Suopo Ancient Stone Watchtowers] by Dadu River, Suopo township has the most Watchtowers, also the most famous, has the world's most concentrated ancient Watchtowers group, a total of 84, has the "the township of the thousand Watchtowers" reputation. After that, visit Siguniang Mountain [Shuangqiao Gully Scenic Spot], Siguniang Mountain core scenic spot consists of Shuangqiao Gully, Changping Gully and Haizi Gully. Shuangqiao Gully is the best and most concentrated Scenic Spot of Siguniang Mountain Scenic Spot.

Specific line: Danba 15KM Suopo Village 100KM Shuangqiao Gully

Kilometres and driving time: 115KM. Asphalt road. Driving about 3.5 hours. Residential elevation: Rilong Town 3250M

Dining: Breakfast (in the hotel) Lunch (Chinese dish 50) Dinner (Chinese dish 50)

Accommodation: Siguniang Mountain Fengqing Hotel or equivalent (4-star)

第七天：四姑娘山～猫鼻梁观四姑娘山全景～宽窄巷子～川剧变脸

前往猫鼻梁观四姑娘山全景，【猫鼻梁】是观赏四姑娘山全景的最佳位置。站在猫鼻梁顺着公路前上方望去，四座山峰依次排列，最高的幺妹峰雪白圣洁，峭壁如削，直插云霄，气势非凡；返回成都，前往宽窄巷子游览。之后欣赏国粹——川剧变脸。川剧有三大神秘绝活：变脸，吐火，滚灯等。

行进顺序：（日隆 205KM 宽窄巷子）

公里数及行车时间：（232KM）。柏油路。行车约 5 小时。

住地海拔：成都市 500 米。

用餐：早餐（酒店内）、午餐（中式合菜 50）、晚餐（中式合菜 50）

住宿：准五成成都赛仑吉地大酒店同级

Day 7: Siguniang Mountain → Mao Bi Liang view the panorama of Siguniang Mountain → Kuanzhai Alley

→ Sichuan opera face

Go to the Mao Bi Liang view the panorama of Siguniang Mountain, [Mao Bi Liang] is the best place to see the panoramic view of Siguniang Mountain. Here, overlooking Siguniang Mountain, the four peaks are arranged in turn, the highest sister peak is white and holy, standing quietly in the northeast, the steep cliffs, straight into the sky, looks magnificent; Than return to Chengdu and visit Kuanzhai Alley. Enjoy the quintessence of Chinese culture—Sichuan opera face. Sichuan opera has three mysterious skills: Changing Faces, Spitting Fire, Rolling lights and so on.

Specific line: Rilong 205KM Kuanzhai Alley

Kilometres and driving time: 232KM. Asphalt road. Driving about 5 hours. Residential elevation: Chengdu City

Dining: Breakfast (in the hotel) Lunch (Chinese dish 50) Dinner (Chinese dish 50)

Accommodation: Chengdu Serengeti Hotel or equivalent (5-star)

第八天：彭镇观音阁·百年老茶馆～乘机返程结束愉快之旅

前往【彭镇观音阁老茶馆】，一座拥有百年历史的老茶馆，是远近闻名的摄影圣地，吸引了无数国内外游客前往。之后前往双流国际机场，乘机返程结束愉快之旅！

行进顺序：（酒店 8KM 彭镇老茶馆 14KM 机场）

公里数及行车时间：（22KM）。城区路。行车约 40 分钟。

用餐：早餐（酒店内） 午餐***

Day 8: Peng Town Guanyin pavilion · Century-old tea house ~ Take the flight home and end the pleasant journey

Visit [Peng Town Old Teahouse], this is a century-old teahouse, it attracts numerous domestic and foreign tourists. After that, go to the Shuangliu International Airport and end the pleasant journey.

Specific line: Hotel 8KM Peng Town Old Teahouse 14KM Airport

Kilometers and driving time: 22KM. Urban Road, driving about 40 minutes.

Dining: Breakfast (in the hotel) lunch: ***

颂：旅途愉快！收获满满！

——Have a nice trip! Full of harvest!——